

# A FEW BENEFITS OF HAVING A MENTOR

## **A Mentor Can:**

- Accelerate your perspective/understanding of the college (i.e., college information, procedures, culture and staff expectations) and serve as a “sounding board” for discussing your ideas and questions pertaining to college processes/procedures
- Help you navigate through and transition into your new environment
- Provide you with guidance and support based on your own unique needs
- Assist you with obtaining knowledge of and access to existing diverse learning opportunities (i.e., campus-wide professional development activities)
- Expand your network of contacts on campus through formal and informal professional and social networking
- Work with you to develop and monitor the progress of your short and long-term learning goals
- Help you with your personal development and career growth
- Serve as a resource person to increase your awareness about helpful college resources, as well as to inform you about the services and assistance that your mentors’ department provides

For additional Mentoring resources, visit the Center for Teaching and Learning (CTL) website: <http://www.morainevalley.edu/ctl/professionalDevelopment/NSO.htm>